



Do you take any medication ?

YES

NO

Does this medication contain a prohibited substance?

YES

I Don't know

NO

Fill in a TUE form and send it to FAI Anti-Doping Manager

Ask your doctor

No additional action is needed on your side

Do you take dietary supplements?

YES

NO

Please check with your doctor whether any prohibited substance is contained in the supplement

No additional action is needed on your side

YES

NO

Fill in a TUE form and send it to FAI Anti-Doping Manager

No additional action is needed on your side